



CFfi CYMRU WALES YFC

Sioe Frenhinol Amaethyddol Cymru
Royal Welsh Agricultural Show

24ain - 27ain o Orffennaf 2017
24th - 27th July 2017

Cystadlaethau a Rheolau
Competitions and Rules





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Newidiadau 06/04/2017

Ammendments 06/04/2017



**THEMA
Chwaraeon**

Nodir oedrannau cystadlu penodol dan bob cystadleuaeth.

Bydd rhaid i bob cystadleuydd fod yn aelodau llawn o Glwb CFFI yng Nghymru sy'n gysylltiedig â CFFI Cymru neu FfCCFFI. Bydd yn ofynnol i gystadleuwyr ddangos eu cardiau aelodaeth ar gyfer pob cystadleuaeth.

Bydd methu dangos cerdyn aelodaeth dilys (â llun) yn arwain at gosb o £10. Ni chaniateir i aelodau gystadlu os nad yw eu henwau ar y rhestr o'r sawl sydd wedi talu i fod yn aelod o'r Ffederasiwn ac os na fyddant yn gallu dangos cerdyn aelodaeth ar ddechrau'r gystadleuaeth.

**THEME
Sports**

Specific competing ages are noted under each competition.

All competitors must be full members of a YFC Club based in Wales and affiliated to either Wales YFC or NFYFC. Competitors will be required to show their membership cards for all competitions.

Failure to produce a valid membership card (with photo) will result in a £10 penalty charge. Any member whose name is not listed as a current paid up member of the Federation and who cannot produce a membership card at the start of the competition will not be allowed to compete.

**MUDIAD FFERMWYR IFANC CYMRU
WALES FEDERATION OF YOUNG FARMERS' CLUBS**

RHEOLAU 2016-2017 RULES

SIOE FRENHINOL | ROYAL WELSH



CYSTADLEUAETH 1

ARDDANGOSFA'R FFEDERASIWN

THEMA

I GYFLEU DIGWYDDIAD CHWARAEON

TÎM

Hyd at chwe aelod (26 oed neu'n iau)
Dim mwy na phedwar aelod i lwyfannu a pharatoi'r arddangosfeydd. Caniateir i'r ddau aelod arall osod y ffrâm yn unig.

MESURIADAU

Caniateir uchder 6' (1m 82.9 cm); lled 6' (1m 82.9 cm); dyfnder 4'6" (1m 37.1 cm) - mesuriadau allanol mwyaf (gweler y rheolau cyffredinol ynghylch arddangosfeydd nad ydynt yn cydymffurfio â rheolau maint)

AMSER

Gweler 'manylion yr amser a glustnodwyd' ar gyfer gosod yr arddangosfa a rheolau cyffredinol yn ymwneud â chyrraedd yn hwyr. Gellir tynnu'r arddangosfeydd i lawr ar ôl 3yp ar ddiwrnod olaf y Sioe.

Caiff yr holl arddangosfeydd eu beirniadu ar ddydd Sul, 23 o Orffennaf am 4.15yp.

TRYDAN

Bydd un soced drydan ar gael i bob arddangosfa yn Sioe Frenhinol Cymru, a chaniateir un wifren drydan i ddod o bob arddangosfa. Mae'n ofynnol I gystadleuwyr sicrhau y bydd unrhyw blygiau a ddefnyddir ganddynt wedi cael prawf PAT.

NODIADAU

Rhaid i'r holl aelodau wisgo cotiau gwyn. Bydd Ffederasiynau sy'n cyfranogi yn gyfrifol am labelu, a gall fod yn y Gymraeg yn unig, yn y Saesneg yn unig, neu'n ddwyieithog. Bydd angen i gystadleuwyr adael holl gynnwys yr arddangosfeydd yn ei le am bedwar diwrnod y sioe, ac felly ni chaniateir arddangos bwydydd a all bydru. Caniateir i'r stiwardiaid waredu unrhyw eitem a fydd yn dirywio yn ystod cyfnod y sioe. Bydd trefnyddion y Ffederasiynau yn gyfrifol am gyd-gysylltu'r gwaith o osod yr arddangosfeydd a'u tynnu i lawr wedi'r Sioe. Tynnir marciau o'r

COMPETITION 1

FEDERATION DISPLAY

THEME

DEPICT A SPORTING EVENT

TEAM

Up to six members (26 years of age or under) No more than four members to stage and prepare displays. The two additional members are only permitted to erect the frame.

MEASUREMENTS

Space allowed 6' (1m 82.9 cm) high; 6' (1m 82.9 cm) wide; 4'6" (1m 37.1 cm) deep - maximum outside measurements (please see general rules regarding penalties for displays which do not meet the necessary size specification)

TIME

Please see the 'allocated time of arrival and erection details' for setting up period and general rules on penalties for late arrivals. Dismantling can take place after 3pm on the last day of the Show.

All displays will be judged on Sunday, 23rd of July at 4.15 pm.

ELECTRIC

One electric socket will be available per display at the Royal Welsh Show, and only one trailing lead allowed from the display. It is a requirement that any plugs being used by competitors are PAT tested.

NOTES

All members must wear white coats. Participating Federations to be responsible for all labelling, this may be in English only, Welsh only, or bilingual. All construction to be made by members. All competitors to leave everything on display for the four days of the Show and therefore no perishable foods allowed. Competitors are responsible for all items on display. If any item is found to deteriorate over the Show period, stewards will be authorised to remove it. Federation Organisers will be responsible for co-ordinating the arranging and dismantling of the display after the Show. Marks

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sgôr terfynol os na fydd Ffederasiynau'n parchu'r rheol hwn.

will be deducted from final placing if Federations do not honour this rule.

Ni chaniateir safleoedd cydradd yn y gystadleuaeth hon.

No equal placings allowed in overall positions of this competition.

Bydd dirwy i'r Ffederasiwn Sirol os bydd UNRHYW ddeunydd yn cael ei adael ar ôl wedi'r Sioe, oni bai bod cytundeb blaenorol gyda CFFI Cymru.

There will be fines for the County Federation if ANY materials are left after the Royal Welsh, unless previously discussed with Wales YFC.

Dylai'r timoedd gofio bydd yr arddangosfa yn cael eu gweld gan bobol o bob oedran.

Teams must remember that the exhibit should be suitable for viewing by all ages.

MARCIO

Dehongli'r thema	30
Crefftwaith y cefndir a'r llwyfannu	15
Crefftwaith y cynnwys	20
Argraff gyffredinol a Chyflwyniad	25
Defnyddio'r lle a ganiateir	10

SCALE OF MARKS

Interpretation of theme	30
Workmanship of backing and staging	15
Workmanship of content	20
Overall impression and presentation	25
Use of space allowed	10

Cyfanswm 100

Total 100



CYSTADLEUAETH 2

CYSTADLEUAETH YR AELODAU

CYSTADLEUAETH GOSOD BLODAU

Rhaid i'r holl arddangosfeydd yng Nghystadleuaeth yr Aelodau gael eu harddangos tan 3yp ar ddydd Iau 27ain Gorffennaf. Bydd marciau yn cael eu tynnu os symudir unrhyw eitem cyn yr amser hwn.

THEMA

Dathliad o Chwaraeon

TÎM

Un aelod (26 oed neu'n iau)

TASG

Paratoi gosodiad yn cynnwys offer chwaraeon o unrhyw fath.

Gall aelodau ddewis yr offer a ddefnyddir.

COSTAU

Dim mwy na £30 (heb gynnwys y dail). Rhaid arddangos talebau.

ARDDANGOSFA

Gall gystadleuwyr ddefnyddio ategolion yn ogystal â'r eitem o offer chwaraeon ond mae'n rhaid iddynt ddod o hyd i'r rheiny eu hunain.

LLE GWEITHIO

Hanner bwrdd trestl.

Mesuriadau: Caniateir lled o 76 cm a dyfnder o 60cm. Nid oes cyfyngder ar uchder

AMSER

1 awr a phum munud ychwanegol i sicrhau nad yw'r trefniant wedi'i amharu wrth lanhau.

Cyfanswm 100 - i'w beirniadu'n unol â rheolau (gweler isod) Sefydliad Cenedlaethol y Cymdeithasau Gosod Blodau (NAFAS). Gellir cael copïau o lawlyfr cystadlaethau NAFAS (rhifyn

COMPETITION 2

MEMBERS' COMPETITION

FLORAL COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 27th July. Removal of an exhibit before this time will result in the allocated marks being withdrawn.

THEME

Celebration of Sport

TEAM

One member (26 years of age or under)

TASK

Prepare an exhibit incorporating an item of sporting equipment within the measurements specified.

Members may choose the equipment to be used.

COSTINGS

Not to exceed £30 (excluding Foliage). Costings to be displayed.

DISPLAY

Competitors are allowed to use accessories in addition to the 'item of sporting equipment' but are to supply these themselves.

WORK SPACE

Half a trestle table.

Measurements: Size allowed 76cm wide x 60cm deep x unlimited height.

TIME

1 hour plus a further 5 minutes to check that arrangements have not been disturbed during cleaning up operations.

Total 100 - to be judged according to the guidelines (outlined below) laid down by the National Association of Flower Arrangement Societies (N.A.F.A.S.). Copies of the NAFAS



cyntaf) o NAFAS Enterprises Cyf, Tŷ Osborne, 12 Sgwâr Devonshire, Llundain, EC2M 4TE. Ffôn: 02072 475567.

Competitions Manual (first edition) may be obtained from NAFAS Enterprises Ltd, Osborne House, 12 Devonshire Square, London, EC2M 4TE. Tel: 02072475567.

1. Dilyn geiriad y gystadleuaeth.
2. Y deunydd planhigion yn bwysicach nag unrhyw ddeunyddiau eraill.
3. Deunydd planhigion addas ac mewn cyflwr da ac yn ddilychwyn.
4. Dehongliad clir o'r teitl a'r thema ddewisedig. Dylai'r deunyddiau planhigion gynorthwyo i ddehongli'r thema, heb ddibynnu'n llwyr ar yr ychwanegiadau.
5. Defnydd da o egwyddorion cynllunio a'r lle a ganiateir. Defnyddio cydbwysedd, graddfa, llinell, maint, gwead a lliw i gyfrannu at yr harmoni cyffredinol.
6. Os defnyddir lliain bwrdd neu waelod i'r arddangosfa, neu unrhyw lestr ac unrhyw deitlau, dylent fod mewn cyflwr arbennig o dda, yn addas i'r thema, a heb fod yn rhy flaenllaw o ran maint a lliw.
7. Dylai unrhyw ategolion a ddefnyddir fod mewn cytgord â gweddill yr arddangosfa, ac yn cydfynd â'i gilydd a gweddill yr arddangosfa o ran graddfa a maint.

1. Adherence to the competition wording.
2. Predominance of plant material over all other components.
3. Plant material that is unblemished, well conditioned and appropriate.
4. Clear interpretation of the title and chosen theme. Plant material should help to interpret the chosen theme without the sole reliance on accessories.
5. Good use of design principles and of the space allowed. The use of balance, scale, line, space, texture, and colour contribute to the total harmony.
6. Tablecloth and bases if used, as well as container and any title, in immaculate condition, suitable to the theme and not dominant in size or colour.
7. Accessories if used that are in harmony with the rest of the exhibit and that are in scale with it and with each other.



CYSTADLEUAETH YR AELODAU

CYSTADLEUAETH COGINIO

Rhaid i'r holl arddangosfeydd yng Nghystadleuaeth yr Aelodau gael eu harddangos tan 3yp ar ddydd Iau'r 27ain Gorffennaf. Bydd marciau yn cael eu tynnu os symudir unrhyw eitem cyn yr amser.

THEMA

Pryd o fwyd 2 gwrs, iach, ar gyfer 2 athletwr.

TÎM

Dau aelod (21 oed neu'n iau)

TASG

Tîm o ddau aelod i baratoi pryd dau gwrs, iach, ar gyfer athletwr. Dylid dangos manylion maeth y pryd (nid y cynhwysion yn unig) trwy ddefnyddio'r system goleuadau traffig, a dylid dangos sut mae eu dewis yn cyd-fynd â chynllun prydau ar gyfer athletwr penodol.

Yn ystod yr amser penodol, bydd angen i aelodau lenwi holiadur ynghylch hylendid bwyd.

Ni ddylai'r costau fod yn fwy na £25.

OFFER

Bydd popty trydan bychan ar gael i bob tîm (dylai cystadleuwyr ddefnyddio'r popty a ddarperir iddynt) sydd â'r cynllun canlynol:

Gril a chylch drydan bychan neu bopty â ring drydan bychan neu ddwy ring yn unig. Darperir soced drydan 13amp ar gyfer unrhyw declynnau trydan y bydd y cystadleuwyr yn dymuno'u defnyddio, e.e. cymysgydd, hylifydd, ayyb.

Dim ond un soced ychwanegol a chaniateir.

AMSER

Un awr ar gyfer coginio, yn cynnwys gosod y pryd yn yr alcof gwyn a ddarperir (68.5cm x 68.5cm x 61cm o uchder) (gellir gosod unrhyw ychwanegiadau a defnydd cefndir cyn yr awr a ganiateir i'r gystadleuaeth gychwyn ac ni chyfrifir hyn fel rhan o amser y gystadleuaeth). Ni chaniateir coginio o flaen llaw ond gellir pwyso

MEMBERS' COMPETITION

COOKERY COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 27th July. Removal of exhibit before this time will result in the allocated marks being withdrawn.

THEME

A healthy two course meal for two athletes.

TEAM

Two members (21 years of age or under)

TASK

A team of two members to prepare a two course healthy meal for an athlete. Competitors will need to present the nutritional value of the meal, (not just the ingredients) using the traffic light system and show how their choice fits into a meal plan for a specific athlete.

During the specified time, members will also be required to complete a food hygiene questionnaire.

Costs must not exceed £25 in total.

EQUIPMENT

A small electric cooker will be available per team (competitors to use the cooker provided) which is operated as follows:

Grill plus small ring or oven plus small ring or two rings only. A 13 amp socket will be available for any appliances that competitors may wish to use, such as a mixer, liquidiser, etc.

Only one extra socket will be allowed.

TIME

One hour for cooking, to include displaying of meal in the white alcove provided (68.5cm x 68.5cm x 61cm high) (backing material and accessories may be arranged prior to the commencement of the one hour and will be outside of this time). No cooking to be done beforehand, but ingredients may be weighed and vegetables/fruit washed



cynhwysion a golchi ffrwythau/llysiau o flaen llaw. Rhaid darparu ac arddangos ryseitiau a gwaith ymchwil.

beforehand. Recipes and research work must be presented and displayed.

LLE GWEITHIO

Un bwrdd trestl yn cynnwys lle ar gyfer y popty.

WORK SPACE

One trestle table including cooker space.

ARDDANGOSFA

Dylid arddangos y pryd yn yr alcof gwyn a ddarperir (68.5cm x 68.5cm x 61cm o uchder) (gall cystadleuwyr osod unrhyw ategolion a deunydd cefndir cyn i'r awr a ganiateir i'r gystadleuaeth ac ni chyfrifir hyn fel rhan o amser y gystadleuaeth). Rhaid i bob arddangosfa fod o fewn maint/lle'r alcof gan gynnwys y deunyddiau a ddefnyddir, a llestri i gyflwyno'r bwyd (i'w darparu gan y cystadleuwyr). Caniateir ychwanegiadau nad ydynt yn orbwysol ond yn cydweddu â gweddill yr arddangosfa ac o faint addas.

Caniateir i'r stiwardiaid waredu unrhyw eitem a fydd yn dirywio yn ystod cyfnod y sioe.

DISPLAY

Meal to be displayed in the white alcove provided (68.5cm x 68.5cm x 61cm high) (backing material and accessories may be arranged by the competitors prior to the commencement of the one hour and will be outside of this time). All exhibits to be within the alcove size\space including any drapes or lining, in\on serving dishes\containers (competitors to supply). Accessories that are in harmony with the rest of the exhibit and that are in scale with it and each other, but not dominant, are allowed. If any item is found to deteriorate over the Show period, stewards will be authorised to remove it.

MARCIO

Paratoi o flaen llaw a chyflwyniad y bwrdd	5
Dull o weithio	15
Gwreiddioldeb / Priodoldeb / Ymchwil i'r fwydlen	20
Cyflwyniad/Arddangosfa	15
Canlyniad gorffenedig yr eitemau a baratowyd (lliw/blas/gwead ayb)	35
Holiadur	10

Cyfanswm

100

SCALE OF MARKS

Previous preparation & presentation of table	5
Method of working	15
Originality/ Suitability /Research of Menu	20
Presentation/Display	15
Finished results of prepared item (colour/flavour/texture/etc)	35
Questionnaire	10

Total

100



CYSTADLEUAETH YR AELODAU

CYSTADLEUAETH GREFFT

Rhaid i'r holl arddangosfeydd yng Nghystadleuaeth yr Aelodau gael eu harddangos tan 3yp ar ddydd Iau'r 27ain Gorffennaf. Bydd marciau yn cael eu tynnu os symudir unrhyw eitem cyn yr amser.

TÎM

Un aelod (16 oed neu'n iau)

THEMA

Penwsg ar gyfer Ascot.

TASG

Gofynnir i aelodau wneud penwsg a fyddai'n addas ar gyfer diwrnod yn Ascot.

Gallai'r penwsg fod yn glip / 'fascinator' / het er enghraifft

Bydd angen i aelodau wneud tasg ymarferiol, fel y bydd y beirniad yn gofyn, er mwyn arddangos y sgiliau a ddefnyddwyd er mwyn creu'r eitem. Dylai aelodau ddod â deunyddiau gyda nhw ar gyfer y prawf ymarferol.

MESURIADAU

Dim mwy na 50cm (dyfnder) x 50cm (lled). Nid oes cyfyngiad uchder.

Lle i gyflwyno'r eitem orffenedig - hanner bwrdd trestl.

COSTAU

Dim mwy na £20 (cyfanswm).

AMSER

30 munud ar gyfer y prawf ymarferol a 30 munud i'w arddangos.

MEMBERS' COMPETITION

CRAFT COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 27th July. Removal of exhibit before this time will result in the allocated marks being withdrawn.

TEAM

One member (16 years of age or under).

THEME

Headpiece for Ascot.

TASK

Members are asked to create a headpiece that would be suitable for Ascot.

The headpiece could be a clip / fascinator / hat for example.

Members must complete a practical test, as directed by the judge to showcase the skills used to create the item. Members should bring materials with them in readiness for the practical test.

MEASUREMENTS

Maximum size 50cm (deep) x 50cm (width) x unlimited height.

Presentation space for finished item – half a trestle table.

COSTINGS

Not to exceed £20 in total.

TIME

30 minutes allowed for the practical test and 30 minutes to display the exhibit.



LLE GWEITHIO

Hanner bwrdd trestl.

WORK SPACE

Half a trestle table.

DYDDIAD PWYSIG

Y cyfarfod staff cyn y sioe **12fed o Orffanaf**.
Dylai'r eitem gyrraedd swyddfa CFFI Cymru, yn barod i'w feirniadu cyn y sioe, erbyn y dyddiad hwn.

IMPORTANT DATE

Pre-show staff meeting **12th July**. Items to be submitted to the Wales YFC centre, ready for judging prior to the Show.

MARCIO

Gwreiddioldeb a dewis	15
Cynllun	15
Crefftwaith	30
Cyflwyniad a golwg yr eitem orffenedig	15
Prawf ymarferol	25

SCALE OF MARKS

Originality and choice	15
Design	15
Workmanship	30
Presentation and appearance of finished item	15
Practical test	25

Cyfanswm **100**

Total **100**



CYSTADLEUAETH 3

CNEIFIO DEFAID

TÎM

Dau aelod (un 26 oed ac un 21 oed neu'n iau)

TASG

Aelodau i gneifio dau oen yr un.

SYLWER

Mae'n rhaid i gystadleuwyr ddarparu eu pen cneifio eu hunain.

Rhaid i bob cystadleuydd sy'n cystadlu yng nghystadleuaeth cneifio CFFI fod wedi pasio Prawf Medruswydd NPTC neu Wobr Glas y Bwrdd Gwlân, a gofynnir am dystiolaeth o hynny ar ddiwrnod y gystadleuaeth. **Rhaid danfon copi o'r dystysgrif i Swyddfa CFFI Cymru cyn y sioe.**

DYDDIAD PWYSIG

Cyfarfod staff cyn y sioe **12fed o Orffenfaf**. Rhaid i'r dystysgrif medruswydd / tystysgrif y wobwr las gyrraedd Swyddfa CFFI Cymru erbyn y dyddiad hwn.

MARCIO:

Bydd rheolau a threfn marcio 2017 BISCA yn weithredol.

COMPETITION 3

SHEEP SHEARING COMPETITION

TEAM

Two members (one 26 and one 21 years of age or under).

TASK

Members to shear two lambs each.

NOTES

Competitors must provide their own shearing heads.

All members must have passed either a NPTC Proficiency Test or a BWMB Blue Seal in Sheep Shearing to compete in the YFC Sheep Shearing Competition, a copy of the certificate **must be supplied to the Wales YFC office in advance of the show.**

IMPORTANT DATE

Pre-show Staff Meeting **12th of July**. Blue Seal / Proficiency certificate or number to be submitted to the Wales YFC Centre.

SCALE OF MARKS

The BISCA Rules and marking system for 2017 will apply.



CYSTADLEUAETH 4

TRIN GWLÂN

TÎM

Un aelod (26 mlwydd oed neu iau)

TASG

Un aelod i drin dau lot o wllân.

NODIADAU

Mae cystadleuwyr yn gyfrifol am ddarparu eu hysgub eu hunain.

MARCIO

Bydd rheolau a threfn marcio 2017 BISCA yn weithredol.

COMPETITION 4

WOOL HANDLING

TEAM

One member (26 years of age or under).

TASK

One member to handle two lots of wool.

NOTES

Competitors are responsible for supplying their own broom.

SCALE OF MARKS

The BISCA Rules and marking system for 2017 will apply.



CYSTADLEUAETH 5

CANU

TÎM

Unigol – Un aelod (26 oed neu iau)

Grŵp - Hyd at 6 chanwr ond dim llai na 2 ganwr (26 oed neu iau)

TASG

Unigol – Unrhyw gân / fedli gan unrhyw artist/artistiaid yn cychwyn ag un o'r llythrennau canlynol – 'CHWARAEON'

Grŵp – Unrhyw gân / fedli gan unrhyw artist/artistiaid yn cychwyn ag un o'r llythrennau canlynol – 'CHWARAEON'.

CYFEILIANT

Gall aelodau ddarparu eu hofferynnau neu gyfeiliant eu hunain (caniateir aelodau ychwanegol 26 oed neu'n iau ac un unigolyn dros 26 oed i gyfeilio). Nid oes cyfyngiad ar nifer y darnau cerddoriaeth a ddefnyddir.

Bydd CFFI Cymru yn darparu piano.

AMSER

Caniateir hyd at 5 munud ar gyfer pob adran.

Hyd at 15 eiliad dros amser - 2 Farc cosb; Hyd at 30 eiliad dros amser - 5 marc cosb; Ynghyd â 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

OFFER

Dylai aelodau ddarparu CD/ffeiliau mp3 a ddylai gynnwys cyfeiliant yn unig (bydd technegydd sain CFFI yn gyfrifol am chwarae'r gerddoriaeth).

DYDDIAD PWYSIG

Y cyfarfod staff cyn y sioe **12fed o Orffennaf**. Dylai'r gerddoriaeth gyrraedd Swyddfa CFFI Cymru erbyn y dyddiad hwn. (dylid e-bostio ffeiliau mp3 at information@yfc-wales.org.uk).

COMPETITION 5

SINGING

TEAM

Solo - One member (26 years of age or under).

Group - Upto 6 singers but no less than 2 singers (26 years of age or under).

TASK

Solo section – A song / medley by an artist/artists beginning with one of following the letters 'CHWARAEON'.

Group – Any song / medley by an artist/artists beginning with one of the following letters 'CHWARAEON'.

ACCOMPANIMENT

Members may provide their own instruments or an accompaniment (additional members allowed (26 and under) and one individual over 26 years of age for accompaniment). There is no restriction on the number of music pieces used.

Wales YFC will supply a piano.

TIME

Maximum time allowed for each section is 5 minutes.

Up to 15 seconds overtime - 2 penalty marks; Up to 30 seconds overtime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

Members to supply the appropriate CD \ Mp3 files which should include backing vocals only (CD \ Mp3's will be operated by the YFC technician).

IMPORTANT DATE

Pre-show staff meeting **12th of July**.

Submission of music file to Wales YFC Centre (mp3 files to be e-mailed to information@yfc-wales.org.uk)

**MUDIAD FFERMWYR IFANC CYMRU
WALES FEDERATION OF YOUNG FARMERS' CLUBS**

RHEOLAU 2016-2017 RULES

SIOE FRENHINOL | ROYAL WELSH



MARCIO

Perfformiad a llais	70
Gwreiddioldeb	10
Effaith Gyffredinol	20

SCALE OF MARKS

Performance and vocal	70
Originality	10
Overall Effect	20

Cyfanswm **100**

Total **100**

Bydd tariannau yn cael eu cyflwyno i enillydd/enillwyr y ddwy adran.

Trophies will be awarded to the winner\ of both sections.



CYSTADLEUAETH 6

DAWNSIO

TÎM

Tîm o rhwng 4 ac 8 aelod (26 oed neu iau). Yr un pedwar aelod i ddawnsio'r ddwy ddawns a chaniateir (hyd at 4) aelod ychwanegol i berfformio yn unrhyw un o'r ddwy ddawns.

Caniateir i un aelod ychwanegol (26 mlwydd oed neu'n iau) weithredu fel athro/athrawes dawns yn ystod asg 2.

TASG

1. Perfformio dawns o ddewis y cystadleuwyr sy'n cynnwys 'Haka' gwreiddiol. Dylai timau ddarparu copi o eiriau eu 'Haka' i'r beirniad cyn eu perfformiad.

2. Dylai timau berfformio trefniant 'Clubbercise' sy'n addas i'w berfformio mewn dosbarth clubbercise. Darperir meicroffon pen ar gyfer yr athro/athrawes dawns os bydd angen hynny.

LLE

Darperir llwyfan 20' x 20'.

AMSER

Yr uchafswm amser a ganiateir ar gyfer bob tîm yw wyth munud.

Yr isafswm amser a ganiateir yw pedwar munud.

COSBAU

2 farc cosb am bob 15 eiliad neu ran o hynny os aiff timau dros / o dan yr amser a ganiateir.

OFFER

Bydd y technegydd sain yn gyfrifol am chwarae'r CDs/mp3. Dylai cystadleuwyr ddarparu eu CD/mp3 eu hunain ond darperir offer sain.

COMPETITION 6

DANCING

TEAM

A team of between 4 and 8 members (26 years of age or under). The same four members must dance both dances. Additional members (up to 4) are allowed to perform in either dance.

One additional member (26 years of age or under) is permitted to act as a dance teacher in task 2.

TASK

1. Perform a dance of choice that incorporates an original 'Haka'. Teams to provide the judge with their 'Haka' lyrics prior to their performance.

2. Teams to perform a 'Clubbercise' routine suitable to be performed in a clubbercise class. A head mic will be provided for the dance teacher if necessary.

SPACE

A 20' x 20' stage will be provided.

TIME

Maximum time allowed for each team is eight minutes.

Minimum time allowed for each team is four minutes.

PENALTIES

Penalty marks at a rate of 2 marks per 15 seconds or part thereof will be incurred if teams go over time / under time.

EQUIPMENT

The YFC technician will be responsible for playing all CD's/mp3's. Competitors to provide their own CD's/mp3 but PA equipment will be provided.



DYDDIAD PWYSIG

Cyfarfod staff cyn y sioe **12fed o Orffnaf**. Dylai'r gerddoriaeth gyrraedd Swyddfa CFFI Cymru erbyn y dyddiad hwn. (dylid e-bostio ffeiliau mp3 at information@yfc-wales.org.uk).

IMPORTANT DATE

Pre-show staff meeting **12th of July**. Submission of music file to Wales YFC Office (mp3 files to be e-mailed to information@yfc-wales.org.uk)

CYFEILIANT

Gall aelodau ddarparu eu hofferynnau neu gyfeiliant eu hunain (caniateir aelodau ychwanegol 26 oed neu'n iau ac un unigolyn dros 26 oed i gyfeilio). Nid oes cyfyngiad ar nifer y darnau cerddoriaeth a ddefnyddir.

Bydd CFFI Cymru yn darparu piano.

ACCOMPANIMENT

Members may provide their own instruments or an accompaniment (additional members allowed (26 and under) and one individual over 26 years of age for accompaniment). There is no restriction on the number of music pieces used.

Wales YFC will supply a piano.

MARCIO

Tasg 1	50
Tasg 2	50

Cyfanswm **100**

SCALE OF MARKS

Task 1	50
Task 2	50

Total **100**



CYSTADLEUAETH 7

DYLUNIWCH GIT CHWARAEON NEWYDD yn cynnwys BWRDD SYNIADAU

TÎM

Hyd at dri aelod, 2 aelod 26 mlwydd oed neu iau ac un aelod 18 mlwydd oed neu iau.

TASG

Bydd gofyn i aelodau o'r tîm cyflwyno syniad i'r beirniad gan ddilyn trefn 'Dragons Den' a bod yn barod i ateb cwestiynau. **Bydd rhaid i bob aelod o'r tîm gyflwyno'r syniad.** Ni fyddai dyfeisiau electronig ar gael i wneud y cyflwyniad.

Gall y cit fod ar gyfer unrhyw dîm chwaraeon, ond nid oes angen cyflwyno unrhyw eitemau o ddillad.

Dylid paratoi bwrdd syniadau i gyd-fynd â'r wybodaeth a ddarperir yn y cyflwyniad.

Dim mwy na 2' x 2'.

MESURIADAU

Bydd lle ar gael i godi'r bwrdd syniadau yn y babell, ynghyd â hanner bwrdd trestl oddi tani.

AMSER

Caniateir 10 munud ar y llwyfan i gyflwyno'r syniad.

Caniateir pum munud i'r beirniaid holi unrhyw gwestiynau ynghylch y cyflwyniad.

Caniateir 15 munud i aelodau wedi eu cyflwyniad ar y llwyfan i arddangos eu bwrdd syniadau.

MARCIAU

Safon y Cyflwyniad	40
Cyflwyniad a chynnwys y bwrdd syniadau	40
Gwybodaeth a dealltwriaeth o'r pwnc	20

Cyfanswm 100

Rhaid i bob eitem gael ei harddangos tan 3.00yp dydd Iau Gorffennaf 27ain. Bydd torri'r rheol hon yn golygu colli'r marciau a gafwyd yn y gystadleuaeth.

COMPETITION 7

DESIGN A NEW SPORTS KIT with MOODBOARD

TEAM

Three members; 2 members 26 years of age or under and one member 18 years of age and under.

TASK

Members of the team will be required to pitch their idea to the judges in a 'dragons den' style setting and also be prepared to take questions. **All members to be involved in the pitch.** No electronic devices to be used to aid the presentation.

The kit can be produced for any sports team, but no physical garments need be presented.

A moodboard should accompany the information provided in the pitch.

Maxium size 2' x 2'.

DISPLAY OF MOODBOARD

Hanging space will be available in the marquee for the moodboard, along with half a trestle table beneath.

TIME

10 minutes allowed on stage for the pitch.

5 minutes will then be allocated for any questions from the judges about the pitch.

Competitors will be allowed 15 minutes after their stage presentation to display their moodboard.

SCALE OF MARKS

Standard of Pitch	40
Presentation and content of moodboard	40
Knowledge & understanding of subject	20

Total marks 100

All moodboards to be on display until 3.00 p.m. on Thursday 27th of July. Removal of moodboard before this time will result in the allocated marks being withdrawn.



CYSTADLEUAETH 8

CYFLEU SEREMONI AGORIADOL

TÎM

Tîm o hyd at 11 aelod i gynnwys un cyflwynydd (26 oed neu iau).

TASG

Dylai pob aelod o'r tîm gyfranogi yn y gwaith o gyfleu seremoni agoriadol ar gyfer digwyddiad chwaraeon sydd heb seremoni agoriadol yn barod. Er enghraifft – Tynnu'r Gelyn, y Chwe Gwlad, Ascot neu Wimbledon.

Bydd un aelod o'r tîm, sef y cyflwynydd, yn sylwebu'n fyw yn ystod y seremoni, a bydd un meicroffon llaw ar gael.

AMSER

Caniateir uchafswm o 5 munud ar gyfer yr arddangosfa.

COSBAU

2 farc cosb am bob 15 eiliad neu ran o hynny os aiff y timau dros yr amser a ganiateir.

MARCIO

Gwreiddioldeb	20
Perfformiad	30
Gwisgoedd	10
Sylwebaeth	20
Effaith gyffredinol	20

Cyfanswm **100**

COMPETITION 8

DEPICT AN OPENING CEREMONY

TEAM

Team of up to 11 members to include one compere (26 years of age or under).

TASK

All members of the team to take part in portraying an opening ceremony for a sporting event that doesn't currently have an opening ceremony. Examples – Tug of War, Six Nations, Ascot or Wimbledon.

One member of the team, the compere, will commentate on the ceremony. There will be one hand held microphone available.

TIMING

Maximum time allowed for the display is 5 minutes.

PENALTIES

Penalty marks at a rate of 2 marks per 15 seconds or part thereof will be incurred if teams go over time.

SCALE OF MARKS

Originality	20
Performance	30
Costume	10
Commentary	20
Overall Effect	20

Total **100**



CYSTADLEUAETH 9

BARNU STOC GWARTHEG – LIMOUSIN

TÎM

Pedwar aelod (un 26, un 21, un 18 ac un 16 oed neu'n iau).

TASG

Y cystadleuwyr 26 a 21 mlwydd oed neu'n iau i osod a rhoi rhesymau ar ddau gylch o bedwar o wartheg.

Y cystadleuydd 18 mlwydd oed neu'n iau i osod dau gylch o bedwar o wartheg a rhoi rhesymau ar un cylch (penderfynir pa gylch cyn y gystadleuaeth).

Y cystadleuydd 16 mlwydd oed neu'n iau i osod a rhoi rhesymau ar un cylch o bedwar o wartheg.

SYLWER

Dylid barnu pob adran yn unol â nodweddion y brîd.

AMSER

15 munud i archwilio a thrin a thrafod y gwartheg.

RHESYMAU

Caniateir dau funud i bob cystadleuydd gyflwyno ei resymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig trwy dynnu dau farc am bob pymtheg eiliad neu ran o hynny. Tynnir y marciau hyn o gyfanswm y cystadleuydd.

Dim ond cardiau a ddarperir gan CFFI Cymru y caiff aelodau eu defnyddio i ysgrifennu nodiadau.

COMPETITION 9

CATTLE STOCK JUDGING – LIMOUSIN

TEAM

Four members (one 26, one 21, one 18 and one 16 years of age or under).

TASK

The 26 and 21 years of age and under competitors to place and give reasons on two rings of four cattle.

The 18 years of age and under competitor to place two rings of four cattle and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years of age and under competitor to place and give reasons on one ring of four cattle.

NOTE

All sections to be judged on breed points.

TIMING

15 minutes allowed for inspection and handling.

REASONS

Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 second or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC to make notes.



CYSTADLEUAETH 10

CYSTADLEUAETH GWISGO FYNY

THEMA

Chwaraeon.

TÎM

Dau aelod (un 18 oed ac un 16 oed neu iau)

TASG

Dau aelod i wisgo Arweinydd Clwb/Aelod Hŷn fel eitem sy'n gysylltiedig â champ benodol.

NODIADAU

Dylid gwneud yr holl wisgoedd ar y diwrnod, felly ni chaniateir gwaith o flaen llaw (Cosbir timau os bydd gwaith wedi'i wneud o flaen llaw ar y gwisgoedd neu os ydynt wedi'u llogi). Atgoffir aelodau na chaniateir ategolion megis wigs sydd wedi'u gwneud / prynu o flaen llaw.

AMSER

Caniateir 1 awr.

MARCIO

Gwreiddioldeb	25
Gwaith tîm	25
Effaith Gyffredinol	50

Cyfanswm

100

COMPETITION 10

DRESSING UP COMPETITION

THEME

Sports.

TEAM

Two members (One 18 years and one 16 years of age or under).

TASK

Two members to dress up a Club Leader /Senior member as an item associated with a sport.

NOTES

All costumes to be made on the day and therefore no work to be undertaken beforehand (Teams will be penalised if costumes have been made beforehand or if they have been hired). Teams are reminded that accessories such as wigs that have been made / purchased beforehand are therefore not permitted.

TIME

Time allowed – 1 hour.

SCALE OF MARKS

Originality	25
Team work	25
Overall effect	50

Total

100



CYSTADLEUAETH 11
BARNU DEFAID SUFFOLK

TÎM
Pedwar aelod (un 26, un 21, un 18 ac un 16 oed neu'n iau).

TASG
Y cystadleuwyr 26 a 21 oed neu'n iau i osod a rhoi rhesymau ar ddau gylch o bedair dafad.

Y cystadleuwyr 18 oed neu'n iau i osod dau gylch o bedair dafad a rhoi rhesymau ar un cylch (penderfynir pa gylch cyn y gystadleuaeth).

Y cystadleuwyr 16 oed neu'n iau i osod a rhoi rhesymau ar un cylch o bedair dafad.

SYLWER
Dylid beirniadu'r defaid ar sail nodweddion y brîd.

AMSER
15 munud i archwilio a thrin a thrafod y defaid.

RHESYMAU
Caniateir dau funud i bob cystadleuydd gyflwyno ei resymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig trwy dynnu dau farc am bob 15 eiliad neu ran o hynny. Tynnir y marciau hyn o gyfanswm y cystadleuydd.

Dim ond cardiau a ddarperir gan CFFI Cymru y caiff aelodau eu defnyddio i ysgrifennu nodiadau.

COMPETITION 11
SUFFOLK SHEEP JUDGING

TEAM
Four members (one 26, one 21, one 18 and one 16 years of age or under).

TASK
The 26 and 21 year old and under competitors to place and give reasons on two rings of four sheep.

The 18 years old and under competitor to place two rings of four sheep and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years old and under competitor to place and give reasons on one ring of four sheep.

NOTES
Sheep to be judged on breed points.

TIMING
15 minutes allowed for inspection and handling of the sheep.

REASONS
Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC to make notes.



CYSTADLEUAETH 12

DYMA DY FYWYD

THEMA

Chwaraeon.

TÎM

Tîm o rhwng dau a chwech aelod, o leiaf un aelod i fod 18 mlwydd oed neu'n iau ar y 1af o Fedi 2016.

TASG

Tîm o hyd at chwe aelod i lwyfannu rhaglen 'Dyma dy fywyd' ar gyfer Cymro neu Gymraeg enwog o fyd chwaraeon.

Rhaid i'r tîm baratoi 'Llyfr Coch' ynghylch bywyd y Gymro neu'r Gymraes. Dylid cyflwyno'r wybodaeth ar gyfer y llyfr mewn ring binder A4.

Ni chaniateir unrhyw gyflwyniadau PowerPoint na fideos/DVDs.

AMSER

Dylai'r perfformiad fod yn isafswm o 5 munud o hyd ac uchafswm o 10 munud o hyd gan gynnwys gosod a chlirio'r llwyfan.

COSBAU

Hyd at 15 eiliad dros / o dan yr amser - 2 farc cosb; Hyd at 30 eiliad dros / o dan yr amser - 5 marc cosb; 5 marc cosb ychwanegol am bob 15 eiliad wedi hynny.

OFFER

Dylai cystadleuwyr ddarparu eu CD / ffeiliau mp3 eu hunain.

DYDDIAD PWYSIG

Y cyfarfod staff cyn y sioe **12fed o Orffennaf**. dylai'r gerddoriaeth a'r 'Llyfr Coch' gyrraedd CFFI Cymru erbyn y dyddiad hwn (yn barod i'w beirniadu cyn y sioe). (Dylid e-bostio ffeiliau Mp3 at information@yfc-wales.org.uk).

MARCIO

Perfformiad	50
Y Llyfr Coch	30
Gwerth fel Adloniant	20

Cyfanswm **100**

COMPETITION 12

THIS IS YOUR LIFE

THEME

Sports.

TEAM

Team of between two and six members, at least one member to be 18 years of age or under on the 1st September, 2016.

TASK

Team of up to six members to stage a 'This is Your Life' programme for a famous Welsh sportsman or woman.

The team must also prepare a 'Red Book' on the sportsman / woman. The information for the book must be displayed in an A4 ring binder.

No powerpoint or video/DVD may be used.

TIME

The performance should be a minimum of 5 minutes and a maximum of 10 minutes including the setting and clearing of the stage.

PENALTIES

Up to 15 seconds overtime / undertime - 2 penalty marks; Up to 30 seconds overtime / undertime - 5 penalty marks; a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

Competitors to provide their own CD's mp3 files.

IMPORTANT DATE

Pre-show staff meeting **12th of July**. Submission of the 'Red Book' (ready for judging prior to the show) and music files to Wales YFC Centre. (Mp3 files to be emailed to information@yfc-wales.org.uk).

SCALE OF MARKS

Performance	50
The Red Book	30
Entertainment Value	20

Total **100**

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CYSTADLEUAETH 13

TYNNU'R GELYN BECHGYN A MERCHED

TÎM

Tîm o wyth aelod. Ni chaniateir mwy na **dau (2)** aelod o'r tîm i fod rhwng 15 a 17 mlwydd oed ar y 1af o Fedi 2016. **RHAID** i weddill y tîm fod rhwng 17 oed a 26 oed ar y 1af o Fedi 2016. Dylai'r holl gystadleuwyr fod yn aelodau llawn o glwb yng Nghymru sy'n gysylltiedig â FfCCFFI /CFFI Cymru. Ni allwch gystadlu i fwy nag un clwb a sir o fewn un flwyddyn aelodaeth.

Un tîm o fechgyn ac un tîm o ferched.

Caniateir eilyddion gweler rheolau FfCCFFI.

DILLAD AR ADEG Y PWYSO

Gall timau bechgyn wisgo siorts o faint priodol sydd ddim yn dryloyw yn unig.

Gall timau merched wisgo siorts o faint priodol sydd ddim yn dryloyw a chrysau neu dopiau chwaraeon priodol yn unig.

Nid oes angen cario na gwisgo'r esgidiau ar y glorian yn ystod y pwyso.

NODIADAU

Bydd rheolau Tynnu Rhaff FfCCFFI 2017 yn weithredol, yn unol â chanllawiau Cymdeithas Tynnu'r Gelyn.
Pwysau;
680kg dynion,
580kg merched.

Dylai aelodau wisgo chrysau o'r un lliw.

Ni ddylid 'ffugio' esgidiau'r cystadleuwyr mewn unrhyw ffordd h.y. dylai'r wadn, y sawdl, ac ochr y sawdl fod yn wastad â'i gilydd. Ni chaniateir blaenau esgidiau metel neu blatiau metel ar flaen yr esgidiau. Caniateir platiau metel sy'n wastad ag ochr a gwaelod y sawdl yn unig.

COMPETITION 13

MALE AND FEMALE TUG-OF-WAR

TEAM

A team shall consist of eight pulling members. No more than **two (2)** members of a team shall be between the ages of 15 and 17 years on 1 September 2016 and the remainder of the team **MUST** be between 17 years of age and 26 years of age & under on 1 September 2016. All competitors must be full members of a Club based in Wales and affiliated to Wales YFC or NFYFC. You cannot compete for more than one club and county in one membership year.

One male and one female team.

Substitutions are allowed please refer to the NFYFC Rules.

DRESS AT WEIGH-IN

Male teams may weigh-in in proper sized non-transparent shorts only.

Female teams may weigh-in in proper sized non-transparent shorts and shirts or suitable sports tops only.

Boots need not be carried or worn on the scale during weigh-in.

NOTES

The 2017 NFYFC Tug-of-War Rules shall apply as set by the ToWA.
Weights;
680 kg Men,
580 kg Ladies.

Members to wear the same colour shirt / jerseys.

Competitors' boots or shoes must not be 'faked' in any way, i.e. the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted.

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Mae gan y beirniad yr hawl a'r cyfrifoldeb i ddiarddel tîm / timau heb rybudd os byddant yn torri rheolau.

The judge(s) has / have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules.

Os bydd amser yn caniatáu, trefnir cystadlaethau'r bechgyn a merched fel cynghrair, fel arall cynhelir cystadleuaeth ddileu.

Both sections will be run on a league basis if time allows otherwise they will be run on a knockout basis.

Dylai cystadleuwyr nodi y bydd marciau o adrannau'r bechgyn, y merched a'r adran iau yn cael eu cyfuno a'u rhannu'n ddau cyn eu hychwanegu at y cyfanswm ar gyfer Tlws yr NFU.

Competitors should note that the marks gained from the Male, Female & Junior sections will be added together and divided in half before going forward to the NFU Trophy.



CYSTADLEUAETH 13 (b)

TYNNU'R GELYN – IAU

TÎM

Bydd tîm yn cynnwys 7-10 aelod a all dynnu, naill ai dynion neu ferched, a dylent fod yn 12 oed neu'n hŷn ar ddiwrnod y gystadleuaeth ac o dan 17 oed ar y 1af o Fedi 2016. Mae hyn yn golygu fod RHAID i aelodau wedi cael eu pen-blwydd yn 12 ar ddiwrnod y gystadleuaeth a gallant fod yn 18 ar ddiwrnod y gystadleuaeth. (Ni allwch gystadlu i fwy nag un clwb a sir o fewn un flwyddyn aelodaeth). Caniateir eilyddion - gweler rheolau FfCCFFI.

Dylai'r holl gystadleuwyr fod yn aelodau llawn o glwb yng Nghymru sy'n gysylltiedig â FfCCFFI neu CFFI Cymru.

DILLAD AR ADEG Y PWYSO

Gall timau bechgyn wisgo siorts o faint priodol sydd ddim yn dryloyw yn unig.

Gall timau merched wisgo siorts o faint priodol sydd ddim yn dryloyw a chrysau neu dopiau chwaraeon priodol yn unig.

Nid oes angen cario na gwisgo'r esgidiau ar y glorian yn ystod y pwyso.

NODIADAU

Bydd rheolau Tynnu'r Gelyn FfCCFFI 2017 yn weithredol, yn unol â chanllawiau Cymdeithas Tynnu'r Gelyn.

Pwysir aelodau'r tîm gyda'i gilydd ac ni chânt bwysio mwy na:-
560 kg Rheolau GENSB

Bydd cynnwys merched mewn tîm yn rhoi bonws o 10kg am bob merch, hyd at uchafswm o 600kg.

Aelodau i wisgo crysiau o'r un lliw. Ni ddylid 'ffugio' esgidiau'r cystadleuwyr mewn unrhyw ffordd h.y. dylai'r wadn, y sawdl, ac ochr y sawdl fod yn wastad â'i gilydd. Ni chaniateir blaenau esgidiau metel neu blatiau metel ar flaen yr esgidiau. Caniateir platiau metel sy'n wastad ag ochr a gwaelod y sawdl yn unig.

COMPETITION 13 (b)

JUNIOR TUG-OF-WAR

TEAM

A team shall consist of between 7 and 10 pulling members male or female who must be 12 years of age and over on the day of the competition and under 17 years of age on 1st September 2016. This means competitors MUST have attained their 12th birthday on the 1st of September 2016 and may be 18 on the day of the competition. (You cannot compete for more than one club and county in one membership year.) Substitues are allowed please see NFYFC rules.

And all competitors must be full members of a Club based in Wales and affiliated to either Wales YFC or NFYFC.

DRESS AT WEIGH-IN

Male - may weigh-in in proper sized non-transparent shorts only.

Female - may weigh-in in proper sized non transparent shorts and shirts or suitable sports tops only.

Boots need not be carried or worn on the scale during weigh-in.

NOTES

The 2017 NFYFC Tug-of-War rules shall apply as set by the TOWA.

The members of the team will be weighed as one and will not exceed:-
560 kg GENSB rules

'Lining up women in the team will give a bonus of 10 kg for each on the weight allowance, limited to a maximum team weight of 600 kg'

Members to wear the same colour shirt/jerseys. Competitors' boots or shoes must not be 'faked' in any way, i.e the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted.

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RHEOLAU 2016-2017 RULES

SIOE FRENHINOL | ROYAL WELSH



Mae gan y beirniad yr hawl a'r cyfrifoldeb i ddiarddel tîm / timau heb rybudd os byddant yn torri rheolau.

Dylai cystadleuwyr nodi y bydd marciau o adrannau'r bechgyn, y merched a'r adran iau yn cael eu cyfuno a'u rhannu'n ddau cyn eu hychwanegu at y cyfanswm ar gyfer Tlws yr NFU.

DYSGWYR A HYFFORDDWYR

Onid un hyfforddwr sydd â hawl i fod gyda tîm yn ystod y tynnu. Caniateir un "Dyn Dŵr" yn unig ar gyfer pob tîm.

Yn ystod y tynnu rhaid i'r "Dyn Dwr" gadw draw oddi wrth y dau tîm a nid oes ganddo/ganddi hawl i ddweud dim wrthynt yn ystod y tynnu.

Gwelir rheolau FfCCFFI am ragor o wybodaeth ynghylch Eilyddion a Manylion Penodol.

The judge(s) has/have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules.

Competitors should note that the marks gained from the male, female & junior sections will be added together and divided in half before going forward to the NFU Trophy.

COACHES AND TRAINERS

Only one Coach is permitted with each team during pulling. Only one Trainer or "Water Carrier" is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling.

See NFYFC rules for further information on Substitution and Technicalities.



CYSTADLEUAETH 14
SYLWEBAETH FYW

TÎM

Dau aelod 26 neu iau

TASG

Bydd cyfres o glipiau chwaraeon yn cael eu chwarae a bydd disgwyl i'r aelod ddarparu sylwebaeth fyw ar yr hyn a welir ar y sgrin.

Cynhelir y gystadleuaeth ar lwyfan y CFFI o flaen cynulleidfa.

Dangosir y clipiau chwaraeon ar sgrin fawr.

I sicrhau tegwch i bob cystadleuydd, gofynnir i gystadleuwyr aros mewn ystafell aros nes daw eu cyfle i gystadlu.

Bydd cystadleuwyr yn cael manylion y tîmoedd ar ddiwrnod y gystadleuaeth.

AMSER

Dim mwy na 2 munud

MARCIO

Cywirdeb	40
Gwreiddioldeb	20
Adloniant	20
Sain	20

Cyfanswm **100**

COMPETITION 14
LIVE COMMENTARY

TEAM

Two members (26 years and under).

TASK

A series of sporting clips will be played and the members will be required to provide live commentary on what they see before them.

The competition will be held on the YFC stage in front of an audience.

Sporting clips will be projected onto a big screen.

To ensure fairness to all competitors, those competing in the competition will be asked to remain in a holding room until it is their turn to compete.

Competitors will be provided with team details on the day of the competition.

TIME

Maximum of 2 minutes.

SCALE OF MARKS

Accuracy	40
Originality	20
Entertainment	20
Audio	20

Total **100**



CYSTADLEUAETH 15

GWAITH COED

TÎM

Dau aelod (26 oed neu'n iau)

TASG

Creu bwrdd picnic â lle ar gyfer cadair olwyn

AMSER

Caniateir 2 awr i gwblhau'r dasg.

OFFER

Mae'n rhaid i gystadleuwyr ddarparu eu hoffer eu hunain. Ni chaniateir defnyddio llif gadwyn. Caniateir driliau batri ond ni chaniateir unrhyw offer batri arall. Ni chaniateir unrhyw atodyn i'r drill. Gellir defnyddio sgriwiau a/neu folltau, ond rhaid i'r cystadleuwyr ddarparu'r rhain eu hunain. Ni chaniateir gynnu hoelio. Ni chaniateir gynnu styffylu.

DEUNYDD

Yn rownd derfynol Sioe Frenhinol Cymru, bydd y cystadleuwyr yn cael y deunyddiau canlynol:

6 darn 3m o hyd o Bren CLS 6"x 2"
6 darn 3m o hyd o Bren CLS 6"x 4"

Dylai cystadleuwyr ddod â'u hoelion, eu sgriwiau a'u unrhyw eitemau ychwanegol maen nhw angen defnyddio.

MARCIO

Ansawdd y crefftwaith,	60
cryfder y fframwaith a'r cynllun	
Gwaith tîm	10
Gweithio yn ddiogel	10
Gwreiddioldeb	10
Addasrwydd yr eitem	10

Cyfanswm

100

COMPETITION 15

WOODWORK

TEAM

Two members (26 years of age or under)

TASK

Make a picnic table with a wheelchair access point.

TIME

2 hours is allowed to complete the task.

EQUIPMENT

Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery operated tools are allowed. No extra attachments on the drill are allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed.

MATERIALS

At the Royal Welsh Show, competitors will be supplied with the following materials:

6 x 3m Lengths of 6"x 2" CLS Timber
6 x 3m Lengths of 6"x 4" CLS Timber

Competitors will be required to bring their own nails, screws and any accessories they wish to use.

SCALE OF MARKS

Quality of workmanship,	60
structural soundness and design	
Team work	10
Safeworking	10
Originality	10
Fit for purpose	10

Total

100



CYSTADLEUAETH 16

GÊM Y CENEDLAETHAU

THEMA

Chwaraeon.

TÎM

Dau aelod (18 oed neu'n iau)

TASG

Gofynnir i'r cystadleuwyr, yn unigol neu fel tîm, i wneud/perfformio tasg yn ymwneud â chwaraeon o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

NODIADAU

Bydd CFFI Cymru yn darparu'r holl offer.

MARCIO

Cyfanswm marciau 100.

COMPETITION 16

GENERATION GAME

THEME

Sports.

TEAM

Two members (18 years of age or under)

TASK

Competitors will be required, individually or as a team, to complete \ perform a sports related task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NOTES

Wales YFC will supply all equipment.

SCALE OF MARKS

Total marks 100.



CYSTADLEUAETH 17

BARNU COBIAU CYMREIG ADRAN D

TÎM

Pedwar aelod (un 26, un 21, un 18 ac un 16 oed neu'n iau)

TASG

Y cystadleuwyr 26 a 21 oed neu'n iau i osod a rhoi rhesymau ar ddau gylch o bedwar cobyn.

Y cystadleuwyr 18 oed neu'n iau i osod dau gylch o bedwar cob a rhoi rhesymau ar un cylch (penderfynir pa gylch cyn y gystadleuaeth).

Y cystadleuwyr 16 oed neu'n iau i osod a rhoi rhesymau ar un cylch o bedwar cobyn.

SYLWER

Dylid beirniadu'r cobiau ar sail nodweddion y brîd. Bydd y cobiau a ddarperir ar gyfer y gystadleuaeth hon yn rhai eithaf tebyg.

AMSER

15 munud i archwilio a thrin y cobiau.

RHESYMAU

Caniateir dau funud i bob cystadleuydd gyflwyno ei resymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig trwy dynnu dau farc am bob pymtheg eiliad neu ran o hynny. Tynnir y marciau hyn o gyfanswm y cystadleuydd.

Dim ond cardiau a ddarperir gan CFFI Cymru y caiff aelodau eu defnyddio i ysgrifennu nodiadau.

COMPETITION 17

WELSH COBS SECTION D STOCK JUDGING

TEAM

Four members (one 26, one 21, one 18 and one 16 years of age or under).

TASK

The 26 and 21 years of age and under competitors to place and give reasons on two rings of four cobs.

The 18 years of age and under competitor to place two rings of four cobs and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years of age and under competitor to place and give reasons on one ring of four cobs.

NOTES

Cobs to be judged on Breed Points. The cobs supplied for the competition will be of a similar type.

TIMING

15 minutes allowed for inspection and handling of the cobs.

REASONS

Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC to make notes.



CYSTADLEUAETH 18

BRWYDR 'LIP SYNC'

TÎM

Hyd at 5 aelod (26 oed neu'n iau).

AMSER

Dim mwy nag 5 munud o hyd, yn cynnwys gosod a chlirio'r llwyfan.

THEMA

Brwydr i'w pherfformio ar hanner amser yn ystod rownd derfynol Superbowl.

Dylai timau berfformio brwydr 'lip sync' o fewn yr amser penodedig. Gellid cymharu'r gystadleuaeth i feimio cân, ond caiff ei chynnal fel brwydr rhwng dau grŵp neu ddau berfformiwr.

OFFER

Dylai aelodau ddarparu CD/ffeiliau mp3 priodol (bydd technegydd sain CFFI yn gyfrifol am chwarae'r gerddoriaeth).

DYDDIAD PWYSIG

Y cyfarfod staff cyn y sioe **12fed o Orffenaf**. Dylai'r gerddoriaeth gyrraedd Swyddfa CFFI Cymru erbyn y dyddiad hwn. (dylid e-bostio ffeiliau mp3 at information@yfc-wales.org.uk).

MARCIO

Perfformiad	60
Gwreiddioldeb	20
Effaith Gyffredinol	20

Cyfanswm

100

COMPETITION 18

LIP SYNC BATTLE

TEAM

Up to 5 members (26 years of age or under).

TIME

Maximum of 5 minutes including setting and clearing of the stage.

THEME

A battle to be performed at a Superbowl final, half time show.

Teams are required to perform a lip sync battle within the allocated time. The competition could be compared to a mime to music, but takes the form of a battle between two groups / artists.

EQUIPMENT

Members to supply the appropriate CD\mp3 files (CD\mp3's will be operated by the YFC PA technician).

IMPORTANT DATE

Pre-show staff meeting **12th of July**. Submission of music file to Wales YFC Centre (mp3 files to be e-mailed to information@yfc-wales.org.uk)

SCALE OF MARKS

Performance	60
Originality	20
Overall Effect	20

Total

100