



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2016 - 17

Status FINAL
12 JULY 2016
Direct

NFYFC Cookery

Theme: 'Around the World'

RULES

Competition Aim

To provide an opportunity for YFC members to demonstrate their ability at preparing and cooking a nutritional meal whilst adhering to health and safety and food hygiene procedures, also to promote awareness of local ingredients.

Learning outcomes

Cooking skills including knowledge of local ingredients, use of implements, understanding recipes, food safety, hygiene, nutrition and personal development skills.

1. DATE AND VENUE

1.1. The final will be held at the Malvern Autumn show in September 2017 subject to invitation from TCAS.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members of part thereof.

3. ELIGIBILITY

3.1. Teams to consist of three members, one must be 26 years of age or under, one must be 21 years of age or under and one must be 16 years of age or under, on 1 September 2016, and full members of a Club affiliated to NFYFC.

4. SUBSTITUTION

4.1. If two or more of the original team are unable to go forward to subsequent rounds, then the next highest placed team will represent the County.

5. PROCEDURE

5.1. Each team will be required to prepare and display three (3) courses for a home cooked dinner to the theme 'Around the World'. Teams are to prepare a meal for two young farmer's exchangees visiting Great Britain on the NFYFC Travel Programme. Competitors are required to prepare and display 3 courses from the Exchangees' home country.

5.2. Exchangees will be travelling to Great Britain with one of the following programmes:

Africa	Austria	New Zealand	Scotland
Argentina	Canada	Northern Ireland	Switzerland
Australia	Germany	Norway	United States of America

5.3. The menu must include at least one sweet course and one savoury course. Each Course will be required to serve two people. A drink does not count as a course and will not be scored.

To find out more about how you can get involved in the YFC travel programme visit:

<http://www.nfyfc.org.uk/TravelwithYFC/yfctravel> What will your discovery be?

At the NFYFC final, teams will be required to:

- 5.4. Work on two trestle tables. This includes an area to prepare and an area to cook with two (2) butane gas stoves (gas stoves provided by teams).
- 5.5. Cook and display their exhibit within the one hour time limit.
- 5.6. Have recipe details available throughout the practical session for judge's inspection.
- 5.7. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards, under penalty of instant disqualification. **No other person, other than their team members, will be allowed in the competing area**
- 5.8. Teams will not have access to an electrical supply but will have access to water

6. EQUIPMENT

Competing teams are required to provide:

- 6.1. All ingredients (these may be brought to the competition already weighed out and vegetables ready washed – **all other work must be executed on site in the practical session**).
- 6.2. Two (2) butane gas stoves (currently available from approx. £10.00 from camping and outdoor retailers/Argos/Amazon). The stoves must be like the images below and be fuelled by butane cartridges:



- 6.3. **DISPLAYS** – At the NFYFC final, competitors will be allowed a maximum display space of 90cm (width) X 60cm (depth) X height optional (i.e. no height limit) which to display the courses to their best advantage. Please note these are the EXTERNAL dimensions. If teams use back and/or side boards the whole of the board must be within the dimensions given. Any accessories or drapes used on the outside walls will be included in the overall size limit of the exhibit. The external walls will be taken into account for the overall display marks and so should be covered to compliment the overall exhibit. **Displays which exceed the above dimensions will be disqualified.**
- 6.4. Teams must:
 - 6.4.1. Display a menu card.
 - 6.4.2. Display details of recipes.
 - 6.4.3. Display a description of how their exhibit fits the theme: "Around the World"
- 6.5. There are no limitations on the contents of the display. Menu cards, recipes and display accessories (non food items) etc may be brought to the competition ready prepared.
- 6.6. Displays must remain in position throughout the day of the competition. Any entry removed before the Presentation of Awards will be disqualified.
- 6.7. All displays and competitor's property will be at the risk of the competitor and NFYFC cannot accept liability for any loss or damage sustained – therefore, competitors are advised to use items of little established value.
- 6.8. NFYFC will provide a County Name and Number label for each display.
- 6.9. **Note:** County Federations are reminded that they may adapt these rules at County level.



7. SCALE OF MARKS

Practical cookery skills, including teamwork	50
Taste	50
Finished courses, suitability, choice of menu and variety	20
Overall display and interpretation of theme	20
Suitable clothing (white coats, headwear, shoes etc)	10

TOTAL 150

8. TIMING

- 8.1. One hour to **include** preparation and tidying of the site. Competitors will be penalised at the rate of one mark per minute or part thereof over allotted time.
- 8.2. At the NFYFC final, teams will be allocated their work space and display space. Display bays may be set up **before** the one-hour preparation and cooking time and teams may unpack their equipment and ingredients onto the work table before the one hour practical session. At the end of the one hour preparation and cooking time, teams should have tidied the site leaving a clear (wiped) work table with only the gas stoves on it – i.e. they should have packed away their equipment and wiped down the worktable. The gas stoves should be left on the worktable to cool before being packed away.

9. AWARDS

- 9.1. **Tesco Challenge Cup** and Prize Cards to the winning team
- 9.2. NFYFC Prize Cards will be awarded to teams placed 2nd and 3rd.
- 9.3. NFYFC Certificate of Achievement will be awarded to competitors in teams placed 1 – 10.

10. NOTES:

- 10.1. Competitors must wear white coats or equivalent and be thoroughly smart in their appearance.
- 10.2. Competitors will be required to wear hairnets/ beard nets or hats.

County Competition Organiser Safety Information when using stoves

1. The event organiser should nominate a Safety Officer who should be on-site for the duration of the setting up and one hour preparation and cooking time.
2. He or she should:
 - Check the stove's condition before each use, if the gas canister seal looks damaged, or if the stove or gas canister is extremely rusty and deteriorated, it must not be used.
 - Ensure all competitors are familiar with the operating instructions for the stove and are confident at igniting it, regulating the flame and turning the stove off.
 - Check the pan support and spill tray – on some models these must be turned over after removal from the carry case, to the correct cooking position.
 - If the pan support is upside down and the burner is used, heat can be transferred onto the aerosol type butane canister in the body of the stove and after a time, the canister can burst causing a violent fire.
 - Ensure that the correct type of gas canister for the appliance is used and that it is correctly fitted (in the right place and in the right way).
 - When fitting the butane canister, do not force the gas canister retaining lever into position as this can damage the mechanical linkage and the safety pressure relief device.
 - If there is a problem with the retaining lever, check that the pan support and spill tray and the butane gas canister has been correctly fitted.
 - If there is still a problem with the lever or if there are further problems or concerns, do not attempt to ignite the stove.
 - If anyone smells or hears gas leaking from the stove before attempting to light it, **don't use it**.
 - If any gas is leaking, ensure that it is being dispersed in free air well away from any sparks or other sources of ignition.
 - Ensure a fire extinguisher/ fire blanket are available to be used by a trained person/ safety officer.



GENERAL RULES: 2016 – 17 NFYFC COMPETITION RULES

1. Eligibility & Representation

- 1.1. Check the Eligibility & Representation rules that are recorded in individual competition rules.
- 1.2. For further information see papers on Eligibility & Representation in the Competitions resources online.

2. Health & safety & safeguarding

- 2.1. All competitions carried out at every level must comply with Health and Safety and Safeguarding legislation and meet the relevant safety standards.
- 2.2. All competitors must be a paid up member of the County they are representing, with a valid membership card for insurance purposes.
- 2.3. All Under 18 members must complete a NFYFC Parental Consent form. The Parental Consent form must be completed and signed by a Parent/Guardian & the responsible person over the age of 18 who is present on the day of the competition. The parental consent form is required for any competition or Presentation of Awards Ceremony only.
- 2.4. It is the responsibility of the County Federation to ensure these forms are completed and returned in to NFYFC no later than 10 working days prior to the competition.
- 2.5. It is recommended that members under the age of 18 carry a copy of the completed Parental Consent form with them on the day of the NFYFC Final.

Please Note: NFYFC will not accept responsibility for any members under the age of 18 who have not produced their Parental Consent Form either in advance to NFYFC or on the day of the NFYFC Final. If the relevant forms are not received by the time of the NFYFC Final then, in accordance with the Federation's Safeguarding Policy, members will not be allowed to take part.

3. Membership cards

- 3.1. All competitors will be required to produce on the day of each round of the competition their **current, signed NFYFC membership card** that has the members' photograph properly attached. A valid card will state the number of the County for which the member is able to compete for.
- 3.2. All competitors must be registered on the NFYFC Silo Database on or before the County Round of any competition they compete in. This rule applies to any substitutes that are used at any round of a competition.
- 3.3. This rule also applies to members in their last year of competition, where the NFYFC Final falls into the following year. Associate members, although not eligible to compete in 2016-2017 competitions, they must hold a 2016-2017 membership card to compete in the NFYFC Finals held on or after 1 September 2016 for the competition they competed in the previous membership year.
- 3.4. Failure to produce a membership card on the day of a competition will require the member to pay a £20 fine and prove their ID. Members aged 18 or over will need to confirm their ID using another form of photo-ID and member's under 18 will be identified via another form of photographic ID or the parental consent forms submitted prior to the competition.
- 3.5. A Member who fails to produce their card on the day of a competition must, within 7 days of the competition, confirm that they are a member of an YFC Club affiliated to the NFYFC. If this is not confirmed to the NFYFC Competitions desk (post@nfyfc.org.uk), the competitor/the whole team will be automatically disqualified from the competition and marks will be re-awarded accordingly.
- 3.6. The NFYFC competitions steering group reserves the right to ask all YFC competitors to show another form of identification that clearly states the competitors date of birth.

Please Note: In the absence of a County Round, members must be signed up on the NFYFC Silo Database prior to the first round that the member/team competes in a competition.

4. Representing one YFC Club only

- 4.1. **Spirit of fair competition within YFC.** Members can only compete for **one** YFC Club when participating in NFYFC Competitions programme in any given year (1 September – 31st August) even if they hold more than one membership card.
- 4.2. This rule should be applied by County Federations – at the district/county rounds of the competitions throughout the year. This maintains the spirit of fair competition within YFC. To be clear each Club is affiliated to **one** County Federation and the County Federation fits within **one** of the Areas.
- 4.3. A County Federation may enter a composite team at any round of the competition, provided all competitors are signed up on the NFYFC Silo Database on or before the date of the County final or first round they compete at.



Please Note - Area Committee's may apply to the NFYFC Competitions Steering Group Chair for a special dispensation, to allow an Area Composite Team (made up of County Federation's within that Area only) to compete in an NFYFC Final. No NFU Trophy points can be awarded to an Area Composite Team.

5. Participation in NFYFC competition finals

5.1. Competitors may take part in competitions as follows: -

- 5.1.1. English Winter Fair - **one** competition per competition day
- 5.1.2. Annual Convention – **two** competition per competition day*
- 5.1.3. Competitions Day - **one** competition per competition day*&**
- 5.1.4. Sports Championships– **one** competition per competition day
- 5.1.5. Great Yorkshire Show (Dairy judging)- **one** competition per competition day
- 5.1.6. Tug of War finals - **one** competition per competition day
- 5.1.7. Stockman Weekend - **one** competition per competition day
- 5.1.8. Malvern Autumn Show - **one** competition per competition day

***Junior and Senior YFC Member of the Year finalists would be eligible to compete in a second NFYFC final on the same day if applicable.**

****Competitors entering the national finals at the Competitions Day will be able to stage a static exhibit, but this must be done prior to all other competitions booking-in times. Competitors entering the Situation Vacant National Final will be able to take part in one additional competition on the same day.**

5.2. NFYFC is an inclusive organisation that encourages and supports the participation of all our members. If you require any additional support or resources to participate effectively in any element of this competition please contact the competitions department two weeks prior to the competition final to allow us to work with you so that specific arrangements can be made.

6. Late Withdrawal of Entries

- 6.1. No deposits will be required from county teams prior to the NFYFC final.
- 6.2. **However**, withdrawals or cancelations made in the two (2) weeks before the day of the final will result in an administration charge of **£25** and if a team withdraws within 48 hrs of the start of the competition final it will result in an administration charge of **£40**.
- 6.3. All administration charges are invoiced to County Federations and not the team/individual.
- 6.4. This rule applies to ALL Competitions at NFYFC Semi-finals and finals.
- 6.5. Area Finals held within the administration charge period will be subjected to the charges.

7. Judges decisions and complaints

- 7.1. The Judges' decision is final.
- 7.2. Written notification of **intention to lodge a complaint or to dispute the result must be received by the Chief Steward on the day of the competition no later than 1 hour of the results being announced**
- 7.3. Following the above, the detail of the complaint or dispute of the results must be received in writing at the YFC Centre, Stoneleigh Park **within 3 working days of the competition final. Email post@nfyfc.org.uk**
- 7.4. Official complaints or disputes can be made by Competitors (finalists) or County Chair's only.

8. Amendments

- 8.1. The NFYFC reserve the right to amend or cancel any of the rules.

9. Expenses

- 9.1. The NFYFC is not responsible for any expenses incurred by competitors or for arrangements for accommodation or travel.

10. Behaviour and Material Content

- 10.1. Unacceptable behaviour by competitors or supporters of teams which brings YFC into disrepute; or which may be deemed to adversely affect other competitors/performances will be penalised.
- 10.2. YFC Members are reminded that material of a questionable nature should not appear in any performance or speech. Material of a questionable nature will be penalised.

11. Awards

- 11.1. All NFYFC Competitions will carry points towards the NFU trophy
- 11.2. Members will be disqualified if they are not at the Presentation of Awards without prior permission being granted. County Organisers must submit an Absentee Form to NFYFC prior to the event.

